

Girls Jam Summer Program 2021

Daily Schedule

Each day will be similar to GITSL enrichment clubs in that we will rotate activities throughout our time together. Here's an example of a daily schedule:

9:00 - 9:15 Greeting & Check in, announcements, topic of the day

9:15 - 9:30 Group warm up

9:30-10:00 Topic explanation & journal activities

10:00 - 10:15 Group Discussion

10:15 - 10:30 Quick snack & walking break

10:30 - 11:00 Individual Maker Time (songwriting)

11:00 -11:45 Group Activities (group song or body percussion)

11:45 - 12:30 Lunch Social – Bring your own food.

Topics of the Day

Day 1 – Music & me: idea generation – passions, interests, strengths & values

Day 2 – Beats & Genres; basic counts, contemporary genre exploration

Day 3 – Lyrics; the structure of songs

Day 4 – Your Tune, Your Message; what you will communicate, how you will communicate,

Day 5 - **Bringing it All Together**; Share songs & prepare for the Girls Jam Event with special guest musician(s).*

^{*} Guests see group performance (body percussion, instruments or both and enjoy music performed by a local musician.

What You Need to Bring Each Day

- Water bottle
- 1 snack
- 1 lunch
- Applied sunscreen
- Hat if desired
- Comfortable clothes we will move and be outside, dress accordingly
- A can-do attitude!

All other supplies provided onsite at the program. Girl's will have a supply kit that will come home on the last day.