



IN THE SPOTLIGHT

Helping girls find their voice

Girls Take the Stage - Summer 2019



Grades: Rising 3rd-5th graders

Limited to 15 girls.

Dates (4 sessions offered):

- June 10-14
- June 24-28
- July 15-19
- July 29-Aug. 2

Time: 9:00-5:00pm

Location: Compass Community Collaborative School
2105 South College Ave., Fort Collins, Co 80525

Program Director: Hope Hartman

Purpose: Helping girls find their voice through exploring the craft of theater, leadership and giving back.

Skills will be built through activating communication arts. We focus on the wellbeing of each girl so that she can increase confidence, develop positive self - esteem and reach her full potential. All activities take place in a supportive girl-centric environment so girls can connect with one another and the group.

WHY

To increase confidence, girls **need to practice** showing up, speaking up and stepping up. The craft of theater is the perfect medium to use creativity, while making the activities personal and

relevant so that the comfort level increases each day. After repeated exposure and opportunity for a girl to explore her voice, be comfortable with her body, in a supportive environment, the result will be increased confidence and awareness.

With increased confidence girls are willing to take initiative and continue to seek out unique opportunities which positions them to have greater options in the future and during critical developmental years.

Parents

Anticipated results:

1. Increased confidence
2. A positive mindset - take initiative & try new things
3. Willingness to speak up
4. Connection with others

Communication skills are a foundational skill anyone interested in leadership needs. This positions our girls to have options in the future.

Program Requirements

- Registration form & program fee
- Girls must show up and participate
- Short survey responses



A Typical Day

- Check-in & warmup
- Daily topic and theme
- Guest speaker or video interviews
- Team building & leadership activities
- Lunch
- Afternoon workshop
- Maker time
- Presentations
- Reflection circle & journal

Girls Will Learn

- Components of speech: tone, speed, pitch, volume, dictation,
- Importance of body language eye contact, facial expression, gestures, movement

- Leadership principles
- Types of speech – storytelling, folktales, impromptu, informative or persuasive
- Design elements through masks, costume sketching, scene design, and/ or prop making
- Giving back to the community
- Presentation and performing*

* Girls Take the Stage Showcase – our culminating event on the last day of the program for families, friends and community members